

## COMMUNITY SPORTS PROGRAMME-CONGLETON HIGH SCHOOL SEPTEMBER 2009-MARCH 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Basketball club</i> 7-10	<i>Vale juniors</i>	<i>Vale juniors</i>	<i>Vale juniors</i>	<i>Congleton Hawks</i> <i>Junior Football</i> 5.30-6.30	<i>Junior Sports AM</i> 9.30-12.00	<i>CHS Junior League</i> 9.30-11.30
<b>Soccer 7's League</b> <b>6.45-9.45</b>	<i>Congleton rovers</i>	<i>Congleton rovers</i>	<i>Congleton rovers</i>	<b>Tai-Chi</b> <b>7-8.30</b>	<i>Party hire</i> 12-4	<i>Party Hire</i> 12-4
<i>Trampoline Club</i> 4.45-7.45	South Cheshire hockey club 6.45-8.45	<i>Judo club</i> 4.30-6.30	South Cheshire Hockey Club, Ladies & Girls 7.15-8.45	Badminton 7-8	<i>Gymnastics Club</i> 2.30-4.30	<i>Basketball</i> 4-6
<b>Circuit training</b> <b>8-9</b>	<i>Street Dance</i> 5-6.30	<i>Karate Club</i> 6.30-8	Badminton 7-8		South Cheshire HC Matches	<i>Tai-Kwon-Do</i> 6-7
Badminton 7-8			<i>Gymnastics Club</i> 4.30-5.30			
<b>ADULTS- JUNIORS (5-16)-MIXED AGES.</b> Please ring the sportshall or numbers below for information						

### South Cheshire Hockey Club

Mr. J. Hodges 01260 273542

### Street dance academy

Alex Williams 078345 28079

### Tai Chi Chuan

Mr.D. Bailey 01260 224753

### Tae Kwon Do

M/s Sheila Greenall 077734 19933

### Koshido Ryu Karate

Mr. J. Scott 01270 765611

### Congleton Basketball Club

Mr W. Baxter 01477 535315

### Trampoline Club

Miss J Mastermann 077328 14510

### Congleton Hawks JFC

Mr. K Manson 07890777367

### Congleton High Sports Hall

01260 387013 or 077661 12896

### Congleton Rovers FC

Mr J Greening 078105 23544

### Vale Juniors FC

Mr S. Smith 077429 49838

### Coerver Coaching

[www.coerver.co.uk](http://www.coerver.co.uk)

### Congleton High School Junior League

Mr. K Manson 07890777367

### Judo club

George 07956 333447

### Egerton Gymnastics club

Ruth 07761210638

### Soccer 7's

07796303120